



Sweet in 2023
Step Up
PRIVATE ACADEMY **Rynfield**

Gr RRR (3-4 Year olds)

We are delighted to welcome you and your family to Step-Up's Gr RRR class. We wish your family will be happy here.

Curriculum:

We use a theme-based curriculum compiled by an expert in the field of early childhood development, Wilma van Rooyen from the SAOU/SAEC (South African Educational Counsel).. This program meets the requirements of the Dept. Of Education's National Curriculum Statement, (CAPS) and ELDA's (Early Learning Development Areas).. The program focuses on:

- Development of mathematical understanding and language proficiency
- Encouragement towards an exploratory attitude
- Promotion of creative thinking
- Creating aesthetic awareness

Information about the themes are sent to the parents on a regular basis according to the themes covered in class. Please talk to your child about the themes covered and encourage feedback from them.

What to bring to school

- 1 set of comfortable clothes and a warm jacket for colder days
- Healthy and balanced lunch
- Blanket & pillow - this will be sent home weekly, if you can please wash and return on Monday.
- Sippy cup
- Sunscreen & Hat - Please apply sunscreen before school. We will apply with both outside play times

ALL OF THE ABOVE SHOULD BE MARKED CLEARLY

What to bring to school

Upon Enrolment/beginning of the year:

- 2 x 500ml Liquid handwash (anti-bacterial)
- 2 x Air Freshner
- 1 x Small hand towels (bathroom towels - bigger than face cloths)
- 4 x Facial Tissues
- 4 x Wet Wipes
- 1 x Girls - hairbrush and elastics for hair in a marked container
- 1 x Oversized old shirt for printing/art
- 1 x Jump/skipping rope
- 1 x Chairbag for small chair
- 1 pack of 50 paper plates (white)



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Stationary/Art - Stationary list attached.

Communication

You will be added to the whatsapp group where important information is shared daily. We also share pictures and updates on their day. You are welcome to whatsapp or contact any of us during the day, but do keep in mind the teachers are busy with the little ones, so might not respond to messages immediately. For urgent matters you are welcome to contact me, Lisa, directly, and I will make sure the message reach the teachers.

What we eat

- Breakfast - mieliepap, maltabella or oats
- Lunch - Please pack a healthy and balanced lunch
- We provide mid morning and afternoon snacks which consist of fresh fruit, muffins, jelly & custard, and sandwiches
- We promote drinking rooibos tea or water/drink-o-pop (no sugar). If mommy want to send juice, they are welcome to. However, what we give is the healthiest options for little bodies and teeth. No fizzy drinks or sugary snacks.

Our 3-5 year olds participate in tuckshop:

We have tuck shop on some Fridays (will be dependent on other activities planned and communicated to parents) for R20, which the school will provide

Health

We highly recommend building up your toddlers' immunity with vitamins and minerals. We recommend CrechGuard, Vidaylin or Sinplex. We are finding that, especially with Covid, they haven't been exposed to as many germs as before and their immune systems might be compromised. From our side, we sanitise and defog the class and toys daily but will never be able to completely get rid of all the bugs. If your child has a fever, spots, a nasty cough or runny nose, a runny tummy (3 times) or vomiting (2 times), we will call you to rather take little one to the doctor or home to medicate.

Uniform

Uniform is compulsory and can be purchased at the office. It consists of a set of 5 shirts and a summer and winter jacket. Any pants and shoes can be worn.



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Medication

1. We prefer not to give medicine.
2. If possible, ask your doctor to give a stronger dose of medicine or antibiotics that can be administered in the morning and afternoon.
3. NO TEACHER WILL ASSUME AND ADMINISTER MEDICINE IF IT WAS PLACED IN THE CHILD'S BAG.
4. If it is necessarily that we administer medication, please insert the correct dose in a syringe in a lunch box.
5. All medicines must be clearly marked with the child's name. Please sign the details thereof in the Medication Register: *Name of child, Name of medicine, Dose, Time, Prescription for drug administration and signature*.
6. Medication for chronic conditions (ADHD, Epilepsy, Diabetic, Asthma, Allergy etc.) will only be administered if a copy of the prescription or doctor's note is submitted together with it.
7. Please make sure your child is completely healthy before returning to school.

Discipline

We promote a disciplined and structured environment where we teach children to become more and more independent little learners. They follow a daily routine which creates a safe environment where children knows their boundaries.

We want to encourage to practice healthy discipline at home as well. Basic manners and respect for our friends/teachers and school resources start at home. If your child continues to disobey the rules of the school and disrupts the class that prevent learning for all the children to take place, we will call you in to address this.

Extra Curricular Activities

We have a wide variety of extra curricular activites. Swimming is presented by the school as an additional activity. Other activities which is a favourite among 3-5 year olds include Kinderkinetics, House of Tinkerbell (Karate), Action Ball and Soccerstars. The suppliers will do a demo in January and hand out all communication to parents.



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Daily Routine: 3-5 Year olds

6:00 - 7:45	Arrive at school and free play
7:45 - 8:00	Clean Up
8:00 - 8:15	Breakfast
8:15 - 8:30	Toilet Routine
8:30 - 9:00	Circle time Register, Bible, Song/Rhyme
9:00 - 9:30	Gross Motor Activity
9:30 - 10:00	Free Play Outside
10:00 - 10:15	Early Morning Snack
10:15 - 10:30	Toilet Routine
10:30 - 11:30	Theme based activity Sensory Activity Fine Motor Development
11:30 - 11:45	Clean Up
11:45 - 12:00	Lunch
12:00 - 12:15	Toilet Routine
12:15 - 13:45	Naptime - Llama will drop naptime during the years
14:00	Halfday Pick up time
14:00 - 14:15	Toilet Routine
14:15 - 14:30	Afternoon Snack
16:00	Toilet Routine
14:30 - 17:00	Free Play & Home Time



The following items are needed when school starts, please ensure your child has all below items and mark all items clearly. You can get the stationary from any supplier, below is an estimated price list from Tele Wholesale Stationers in Pretoria Road, Rynfield. You can give them the list and they will pack all that is required.

Grade RRR_RR 2023 Stationary List			
	Qty	R	Total
Croxley/Amos Glue sticks 36g/40g	4	15,0	60,0
Scissors	1	15,0	15,0
Eraser	1	7,0	7,0
Croxley Retractable Wax Crayons	2	39,0	78,0
Croxley Colouring Pencils	1	15,0	15,0
Croxley Wax Crayons (9)	1	16,0	16,0
Croxley Wax Crayons (24)	1	15,5	15,5
Oil Pastels	1	20,0	20,0
Arch Lever Binder (big file)	1	38,0	38,0
100 pocket file sleeves	1	40,0	40,0
Craft glue 125ml	2	15,0	30,0
Paint brushes - 2 different sizes	2	13,0	26,0
1 x A4 Ream of white paper	1	80,0	80,0
Whiteboard markers Board Master (the clear PILOT brand - any colour)	2	22,0	44,0
Water paint tray	1	21,0	21,0
Set of coloured playdough	1	35,0	35,0
A4 80g bright coloured paper (50)	2	30,0	60,0
A4 160g bright coloured board	2	55,0	110,0
Pack of laminating pouches (100)	1	105,0	105,0
Giotto ready mix 500ml coloured paint (any colour)	2	44,0	88,0
Puzzles 12-24 puzzle (Grade RRR) OR 36/48/60 piece puzzle (Grade RR)	1	55,0	55,0
Chalk Penquin white 12	1	8,0	8,0
Colouring Book 120 pg	1	18,0	18,0
Dala Glitter shakers	1	35,0	35,0
Tissue Paper Any Colours	2	14,0	28,0
Amos Glitter Glue (5)	1	35,0	35,0
Total Estimated			1 082,5