



Sweet in 2023

Step Up

PRIVATE ACADEMY Rynfield

2-3 Year olds - 2023

We are delighted to welcome you and your family to Step-Up's 2-3 year old class.. We wish your family will be happy here.

Here at Step-Up, we believe our toddlers need lots of LOVE in a happy and peaceful environment to make them feel safe and develop in a nurturing environment. We strive to create a home-away-from-home for them. We learn through play in the ducklings & ladybugs classes, so lots of laughter and giggles every day;)

Curriculum:

Our Early Childhood Development program meets the requirements of the Dept. Of Education's Early Learning Development Areas (ELDA's) as set out in the NCF (The NCF is the National Curriculum Framework)

It addresses the 6 ELDA's namely:

1. Well-being
2. Identity and belonging
3. Communicating
4. Exploring Mathematics
5. Creativity
6. Knowledge and understanding of the world

Information is sent to the parents on a regular basis according to the themes covered in class..

Please talk to your kids about the themes covered and encourage feedback from them.

What to bring to school

Upon Enrolment/beginning of the year:

- 2 x 500 ml Liquid handwash (anti-bacterial)
- 2 x Air Freshner
- 1 x Small hand towel (the one bigger than a face cloth)
- 4 x Facial Tissues
- 4 x Wet Wipes
- 1 x Girls - hairbrush and elastics for hair in a marked container



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What to bring to school - Daily

- Nappies - (if not potty trained.) 6 per day - we will keep at school if there is left over. Or you are welcome to send a pack which can be kept at school.
- Underwear/pull up nappies for potty trainers.
- Wet wipes - 2 for face and 2 for bum per month
- Bum Cream - to be kept at school
- 2 sets comfortable clothes and a warm jacket for colder days
- Blanket & pillow - this will be sent home weekly, if you can please wash and return on Monday.
- Healthy and balance lunch daily
- Sippy cup
- Sunscreen & Hat - Please apply sunscreen before school. We will apply with both outside play times

ALL OF THE ABOVE SHOULD BE MARKED CLEARLY . We find that the stickers work best and don't come off when washed. IF it is not marked, teacher can mark it with a permanent marker.

Communication

You will be added to the whatsapp group where important information is shared daily. We also share pictures and updates on their day. You are welcome to whatsapp or contact any of us during the day, but do keep in mind the teachers are busy with the little ones, so might not respond to messages immediately. For urgent matters you are welcome to contact me (Lisa) directly, and I will make sure the message reach the teachers.

What we eat

- Breakfast - mieliepap, maltabella or oats
- Lunch - Please pack a healthy and balanced lunch
- We provide mid-morning and afternoon snacks which consist of fresh fruit, muffins, jelly & custard, and sandwiches
- We promote drinking rooibos tea or water/drink-o-pop (no sugar). If mommy want to send juice, they are welcome to. However, what we give is the healthiest options for little bodies and teeth. No fizzy drinks or sugary snacks.

Our 2-3 year olds participate in tuckshop.

- We have tuck shop on some Fridays (will be dependent on other activities planned and communicated to parents) for R20, which the school will provide.



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Health

We highly recommend building up your toddlers' immunity with vitamins and minerals. We recommend CrechGuard, Vidaylin or Simplex. WE Found that, especially with Covid, the children haven't been exposed to as many germs as before and their immune systems might be compromised. From our side, we sanitise and defog the class and toys daily but will never be able to completely get rid of all the bugs. If your toddler has a fever, spots, a nasty cough or runny nose, a runny tummy (3 times) or vomiting (2 times), we will call you to rather take little one to the doctor or home to medicate

Medication

1. We prefer not to give medicine.
2. If possible, ask your doctor to give a stronger dose of medicine or antibiotics that can be administered in the morning and afternoon.
3. NO TEACHER WILL ASSUME AND ADMINISTER MEDICINE IF IT WAS PLACED IN THE CHILD'S BAG.
4. If it is necessarily that we administer medication, please insert the correct dose in a syringe in a lunch box.
5. All medicines must be clearly marked with the child's name. Please sign the details thereof in the Medication Register: *Name of child, Name of medicine, Dose, Time, Prescription for drug administration and signature*.
6. Medication for chronic conditions (ADHD, Epilepsy, Diabetic, Asthma, Allergy etc.) will only be administered if a copy of the prescription or doctor's note is submitted together with it.
7. Please make sure your child is completely healthy before returning to school.

Discipline

We promote a disciplined and structured environment where we teach children to become more and more independent little learners. They follow a daily routine which creates a safe environment where children knows their boundaries.

We want to encourage this at home as well. Early bedtime routine is very important, encourage them to take off/put back on their own shoes, undo buttons/zips (let them try), taking off clothes/dressing themselves, brushing own teeth and eating independently.

This age is where language development rapidly takes place. Talk and read to your little one as much as you can. Tell them everything you and they are doing.



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Uniform

Uniform is compulsory and can be purchased at the office. It consists of a set of 5 shirts and a summer and winter jacket. Any pants and shoes can be worn.

Extra Curricular Activities

We have a wide variety of extra curricular activities. Swimming is presented by the school as an additional activity. Other activities which is a favourite among 2-3 year olds include Kinderkinetics & Wiggle & jam. The suppliers will do a demo in January and hand out all communication to parents.



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Daily Routine: 2-3 Year olds

6:00 - 7:45	Arrive at school and free play
7:45 - 8:00	Clean Up
8:00 - 8:15	Breakfast
8:15 - 8:30	Toilet Routine
8:30 - 9:00	Circle time Register, Bible, Song/Rhyme
9:00 - 9:30	Gross Motor Activity
9:30 - 10:00	Free Play Outside
10:00 - 10:15	Early Morning Snack
10:15 - 10:30	Toilet Routine
10:30 - 11:30	Theme based activity Sensory Activity Fine Motor Development
11:30 - 11:45	Clean Up
11:45 - 12:00	Lunch
12:00 - 12:15	Toilet Routine
12:15 - 13:45	Naptime
14:00	Halfday Pick up time
14:00 - 14:15	Toilet Routine
14:15 - 14:30	Afternoon Snack
16:00	Toilet Routine
14:30 - 17:30	Free Play & Home Time



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TeleWholesale
Stationers
 "Your right choice in office supplies"

The following items are needed when school starts, please ensure your child has all below items and mark all items clearly. You can get the stationery from any supplier, below is an estimated price list from Tele Wholesale Stationers in Pretoria Road, Rynfield. You can give them the list and they will pack all that is required.

2-3 Year Old Stationery List			
	Qty	R	Total
Croxley/Amos Glue sticks 36g/40g	2	15,0	30,0
Scissors	1	15,0	15,0
Croxley Wax Crayons (9)	2	16,0	32,0
Croxley Wax Crayons (24)	1	15,5	15,5
Oil Pastels	1	20,0	20,0
Arch Lever Binder (big file)	1	38,0	38,0
100 pocket file sleeves	1	40,0	40,0
Craft glue 125ml	2	15,0	30,0
Paint brushes - 2 different sizes	2	13,0	26,0
1 x A4 Ream of white paper	1	80,0	80,0
1 x A3 Ream of white paper	1	220,0	220,0
Set of coloured playdough	1	35,0	35,0
Pack of coloured paper bright (50)	1	30,0	30,0
Pack of coloured cardboard (50)	1	55,0	55,0
Giotto ready mix 500ml coloured paint (any colour)	2	44,0	88,0
Puzzles 6 pc, 9 pc, 12 pc, 15 pc	1	55,0	55,0
Chalk Penquin white 12	1	8,0	8,0
Dala Glitter shakers	1	35,0	35,0
Amos Glitter Glue (5)	1	35,0	35,0
Tissue Paper (Any colours)	2	14,0	28,0
Total Estimated			955