



Sweet in 2023  
**Step Up**  
PRIVATE ACADEMY **Rynfield**

## Bouncy Bunnies - from 15 months

We are delighted to welcome you and your family to Step-Up's Bouncy Bunny class. We wish your family will be happy here.

Here at Step-Up, we believe our toddlers need lots of LOVE in a happy and peaceful environment to make them feel safe and develop in a nurturing environment. We strive to create a home-away-from-home for them. We learn through play in the bunny class, so lots of laughter and giggles every day;

### What to bring to school

#### Upon Enrolment/beginning of the year:

- 2 x 500 ml Liquid handwash (anti-bacterial)
- 2 x Air Freshner
- 2 x Small Hand Towels (bathroom towels - bigger one than the face cloths)
- 4 x Facial Tissues
- 4 x Wet Wipes
- 1 x Toothbrush & toothpaste
- 1 x Girls - hairbrush and elastics for hair in a marked container
- 1 x Oversized old t-shirt for painting/arts/crafts

### Pack Everyday

- Nappies - 6 per day - we will keep at school if there is left over. Or you are welcome to send a pack which can be kept at school. We only start potty training from 2 years old old when the child has reached certain milestones.
- Wet wipes - 2 for face and 2 for bum per month
- Bum Cream - to be kept at school
- 2 sets of extra comfortable clothes and a warm jacket for colder days
- Blanket & pillow - this will be sent home weekly, if you can please wash and return on Monday.
- Formula milk (if still on Formula)
- Bottles - 2/3 please (if still on bottle)
- Sippy cup
- Healthy and balance lunch daily
- Sunscreen & Hat - Please apply sunscreen before school. We will apply with both outside play times

**ALL OF THE ABOVE SHOULD BE MARKED CLEARLY - EVEN THE BOTTLE CAPS PLEASE.** We find that the stickers work best and don't come off when washed. If it is not marked, teacher can mark it with a permanent marker.



# Sweet in 2023

## Step Up

### PRIVATE ACADEMY Rynfield

#### Communication

You will be added to the whatsapp group where important information is shared daily. We also share pictures and updates on their day. You are welcome to whatsapp or contact any of us during the day, but do consider the teachers are busy with the little ones, so might not respond to messages immediately. For urgent matters you are welcome to contact me directly, and I will make sure the message reach the teachers.

#### What we eat

- Breakfast - mieliepap, maltabella or oats
- Lunch provided from home - please pack a healthy and balanced lunch daily
- Our snacks include fresh fruit, sandwiches and other healthy options like bran muffins, yoghurt etc.
- We promote drinking rooibos tea or water/drink-o-pop (no sugar). If mommy want to send juice, they are welcome to. However, what we give is the healthiest options for little bodies and teeth. No fizzy drinks or sugary snacks.

Our bunnies participate in tuckshop.

- We have tuck shop on some Fridays (will be dependent on other activities planned and communicated to parents) for R20, which the school will provide.

#### Health

We highly recommend building up your toddlers' immunity with vitamins and minerals. We recommend CrechGuard, Vidaylin or Simplex. Unfortunately, germs spread very fast among the little ones, and we found that especially with Covid, they haven't been exposed to as many germs as before and their immune systems might be compromised. From our side, we sanitise and defog the class and toys daily but will never be able to completely get rid of all the bugs. If your toddler has a fever, spots, a nasty cough or runny nose, a runny tummy (3 nappies) or vomiting (2 times), we will call you to rather take little one to the doctor or home to medicate.

#### Uniform

Uniform is compulsory and can be purchased at the office. It consists of a set of 5 shirts and a summer and winter jacket. Any pants and shoes can be worn.



# Sweet in 2023

## Step Up

### PRIVATE ACADEMY Rynfield

#### Extra Curricular Activities

We have a wide variety of extra curricular activities. Swimming is presented by the school as an additional activity (enquire at the office). Other activities which is a favourite among the little ones include Kinderkinetics and Wiggle & Jam. The suppliers will do a demo in January and hand out all communication to parents.

#### Medication

1. We prefer not to give medicine.
2. If possible, ask your doctor to give a stronger dose of medicine or antibiotics that can be administered in the morning and afternoon.
3. NO TEACHER WILL ASSUME AND ADMINISTER MEDICINE IF IT WAS PLACED IN THE CHILD'S BAG.
4. If it is necessarily that we administer medication, please insert the correct dose in a syringe in a lunch box.
5. All medicines must be clearly marked with the child's name. Please sign the details thereof in the Medication Register: \*Name of child, Name of medicine, Dose, Time, Prescription for drug administration and signature\*.
6. Medication for chronic conditions (ADHD, Epilepsy, Diabetic, Asthma, Allergy etc.) will only be administered if a copy of the prescription or doctor's note is submitted together with it.
7. Please make sure your child is completely healthy before returning to school.

#### Discipline

We promote a disciplined and structured environment where we teach children to become more and more independent little learners. They follow a daily routine which creates a safe environment where children knows their boundaries.

We want to encourage this at home as well. Early bedtime routine is very important, encourage them to take off/put back on their own shoes, undo buttons/zips (let them try), taking off clothes/dressing themselves, brushing own teeth and eating independently.

This age is where language development rapidly takes place. Talk and read to your little one as much as you can. Tell them everything you and they are doing.

Unfortunately, with language development, also comes frustration for not being able to talk yet, so they give outing to this frustration through biting. Biting is the single most challenge we face with this age group. Be prepared



Sweet in 2023  
**Step Up**  
 PRIVATE ACADEMY **Rynfield**

that, unfortunately, your toddler is going to be impacted by this - either giving or receiving. We will inform you if your child has been bitten or is the biter.

We put ice on the wound and colidel silver ointment which helps with swelling and give lots of TLC. We will show the biter how he hurt his friend and ask them to sit in time out just a little (1 or 2 minutes). We will never ask the friend to bite back, instead just tell them that it's not nice and speak firmly and also speak to the parents. It is usually a phase (albeit not nice) and pass quickly.

**Daily Routine: Bouncy Bunnies (From 15 months)**

6:00 - 7:45	Arrive at school and free play
7:45 - 8:00	Clean Up
8:00 - 8:15	Breakfast
8:15 - 8:30	Nappy Check
8:30 - 9:00	Circle time Register, Bible, Song/Rhyme
9:00 - 9:30	Gross Motor Activity
9:30 - 10:00	Free Play Outside
10:00 - 10:15	Early Morning Snack
10:15 - 10:30	Nappy Check
10:30 - 11:30	Theme based activity Sensory Activity Fine Motor Development
11:30 - 11:45	Clean Up
11:45 - 12:00	Lunch
12:00 - 12:15	Nappy Check
12:15 - 13:45	Naptime
14:00	Halfday Pick up time
14:00 - 14:15	Nappy check
14:15 - 14:30	Afternoon Snack
16:00	Nappy check
14:30 - 17:30	Free Play & Home Time





Sweet in 2023  
**Step Up**  
 PRIVATE ACADEMY **Rynfield**



**TeleWholesale**  
**Stationers**  
 "Your right choice in office supplies"

The following items are needed when school starts, please ensure your child has all below items and mark all items clearly. You can get the stationery from any supplier, below is an estimated price list from Tele Wholesale Stationers in Pretoria Road, Rynfield. You can give them the list and they will pack all that is required.

Bunnies Stationary List			
	Qty	R	Total
Croxley/Amos Glue sticks 36g/40g	2	15,0	30,0
Scissors	1	15,0	15,0
Croxley Wax Crayons (9)	2	16,0	32,0
Oil Pastels	1	20,0	20,0
Arch Lever Binder (big file)	1	38,0	38,0
100 pocket file sleeves	1	40,0	40,0
Craft glue 125ml	2	15,0	30,0
Paint brushes - 2 BIG	2	13,0	26,0
A4 Ream of white paper	1	80,0	80,0
A3 Ream of white paper	1	220,0	220,0
Set of coloured playdough	1	35,0	35,0
A4 80g bright coloured paper (50)	2	30,0	60,0
A4 160g bright coloured board	2	55,0	110,0
Giotto ready mix 500ml coloured paint (any colour)	2	44,0	88,0
Puzzles 4 pc, 6 pc, 9 pc,	1	55,0	55,0
Chalk Penquin white 12	1	8,0	8,0
Dala Glitter shakers	1	35,0	35,0
Amos Glitter Glue (5)	1	35,0	35,0
Tissue Paper (Any colours)	2	14,0	28,0
Nexx Finger Paint (6)	1	55,0	55,0
Laminating Pouches A4 (100)	1	105,0	105,0
<b>Total Estimated</b>			<b>1 145,0</b>