



Baby Giraffes - 6 weeks to 18 months

We are delighted to welcome you and your family to Step-Up's Little Giraffes class. May this be the start of a beautiful relationship.

Here at Step-Up, we believe our babies need lots of LOVE in a happy and peaceful environment to make them feel safe and develop in a nurturing environment. We strive to create a home-away-from-home for them.

We have 2 wonderful ladies caring for your little babies, Teacher Janine Teacher Constance, and Mamma Margaret.

What to bring to school

Upon Enrolment/beginning of the year:

- 2 x 500ml Liquid handwash (anti-bacterial)
- 2 x Air Freshener
- 2 x Small face cloth
- 4 x Facial Tissues
- Hat & Sunscreen
- 1 x Lavender cream
- 1 x Eucalyptus oil
- 1 x Camomile oil
- 1 x old t-shirt (oversized) for painting

Every day

- Nappies - 6 per day - we will keep at school if there is left over. Or you are welcome to send a pack which can be kept at school
- Wet wipes - 2 for face and 2 for bum **per month**
- Bum Cream - to be kept at school
- 2 Packs nappy bags per month
- 2 sets of extra comfortable clothes and a warm jacket for colder days
- Blanket/pillow/mattress cover - this will be sent home weekly, if you can please wash and return on Mondays
- Formula milk or breast milk
- Bottles - 2/3 please
- Dummy/dududoek
- Bibs
- Healthy lunch - finger food or pureed food
- Rooibos or flavoured tea (peach and apricot is their favourite)



ALL OF THE ABOVE SHOULD BE MARKED CLEARLY - EVEN THE BOTTLE CAPS PLEASE. We find that the stickers work best and don't come off when washed. If it is not marked, teacher can mark it with a permanent marker.

Communication

You will be added to the whatsapp group where important information is shared daily. We also share pictures and updates on their day. You are welcome to whatsapp or contact any of us during the day, but do consider the teachers are busy with the little ones, so might not respond to messages immediately. For urgent matters you are welcome to contact Lisa directly, and I will make sure the message reach the teachers.

You have a choice to make use of our booklet that is completed daily with information on your baby's day.

What we eat

- Breakfast provided at school
- Babies drink their formula milk, packed in measured containers or already prepared in their bottles. Mommy can also send breast milk to freeze or send daily
- Pack a healthy and balanced lunch daily for those on solids
- We promote drinking rooibos tea or water
- When baby is ready to start eating solid food, communicate it to teacher.
- Our breakfast include: mieliepap, maltabella, oats or celeralc
- Our snacks include pureed pears/apples/banana/custard or yoghurt and other healthy snacks
- If mommy want to send other snacks, like squishees, purity or the occasional flings/finger biscuits, you are welcome to do so.

Health

We highly recommend building up your babies' immunity with vitamins and minerals. We recommend CrechGuard, Vidaylin or Simplex. Unfortunately, germs spread very fast among the little ones, especially because they explore and learn by putting everything in their mouths. The first winter is usually the worst, and especially with Covid, they haven't been exposed to as many germs as before and their immune systems might be compromised. From our side, we sanitise and defog the class and toys daily but will never be able to completely get rid of all the bugs. If your baby has a fever, spots, a nasty cough or runny nose, a runny tummy (3 nappies) or vomiting (2 times), we will call you to rather take little one to the doctor or home to medicate.



Medication

1. We prefer not to give medicine.
2. If possible, ask your doctor to give a stronger dose of medicine or antibiotics that can be administered in the morning and afternoon.
3. NO TEACHER WILL ASSUME AND ADMINISTER MEDICINE IF IT WAS PLACED IN THE CHILD'S BAG.
4. If it is necessarily that we administer medication, please insert the correct dose in a syringe in a lunch box.
5. All medicines must be clearly marked with the child's name. Please sign the details thereof in the Medication Register: *Name of child, Name of medicine, Dose, Time, Prescription for drug administration and signature*.
6. Medication for chronic conditions (ADHD, Epilepsy, Diabetic, Asthma, Allergy etc.) will only be administered if a copy of the prescription or doctor's note is submitted together with it.
7. Please make sure your child is completely healthy before returning to school.

Progress and development

As babies turn into toddlers and they grow physically, mentally and emotionally, will we gradually move them to the next age group. They will usually "tell" us when they are ready and sometimes "walk" themselves to the bunny class. It is not necessarily age related, but all depending on the stimulation they require and the ages of the group. Usually, this occurs between 14-18 months. We will keep you informed about this transition. Sometimes, we will let them visit the class to do some activities and to monitor how they cope. If we find they will settle in, will we inform parents and make a decision together whether to move or not.

Uniform

Uniform is not compulsory for the babies. Our sizes start from 1 years then you are welcome to order from the office you want.

Daily Routine: 6 weeks - 18 Months - Baby Giraffes

6:00 - 7:45	Arrive at school and free play
7:45 - 8:00	Breakfast/bottle feed
8:00 - 8:20	Nappy check
8:20 - 9:00	Class activity - singing/dancing/story
9:00 - 10:00	Early morning Nap
10:00 - 10:30	Early morning Snack/bottle feed
10:30 - 10:45	Nappies/faces
10:45 - 11:30	Free Play + Baby Gym/Gross Motor/Sensory Activities
11:30 - 11:45	Nappy check
11:45 - 12:15	Lunch
12:15 - 14:00	Afternoon Nap
14:00	Halfday Pick up time
14:00 - 14:15	Nappy check
14:15 - 14:30	Afternoon Snack/bottle feed
16:00	Nappy check
14:30 - 17:30	Free Play & Home Time